

7 Hills of Kirkland – Metric Century – 2009

Key: R = Right L = Left S = Straight BR = Bear Right BL = Bear Left BC = Becomes (i.e., road changes name) SS = Stop Sign

Mile	Turn	At	On
0.0	Start		Kirkland Marina Park
0.0	S	SS	Market St
0.8			<i>Top of Market Hill</i>
2.0	L	Light	NE Juanita Dr
4.0			<i>Top of Juanita Hill</i>
4.0	L	Light	Holmes Point Dr NE
7.1	L	Light	Juanita Dr NE
7.1			<i>Top of Seminary Hill</i>
9.1	R	Light	NE 175th St
9.4	S	SS	73rd Ave NE
9.5	R		Sammanish River Trail
11.1	S		after tunnel - over bridge
11.3	L		E Riverside Dr
12.3	R		108th Ave NE
12.9	R	SS	NE 164th Pl
13.7			<i>Top of Norway Hill</i>
14.7	L	SS	NE 145th St
15.1	R		109th Ave NE
15.3	R		NE 143rd St
15.4	L	SS	108th Ave NE
16.1	L	Light	NE 132nd St
17.7	L		132nd Ave NE
17.8	R		Food Stop
18.6	L	SS	NE 143rd St
18.8			<i>Top of Kingsgate Hill</i>
19.5	R	SS	119th Pl NE
20.4	L	Light	NE 160th St
20.5	R		Juanita-Woodinville Way NE (Brickyard Rd)
21.5	R	SS	Woodinville Dr
22.1			Caution Rail-Road Crossing
23.6	R		NE 145th St (gear down)
23.7			Caution Rail-Road Crossing
23.8	R		138th Way NE (Chateau Woods)
24.0	R		NE 148th St
24.2	L		134th Ave NE
24.5	L	SS	132nd Ave NE
24.6			<i>Top of Winery Hill</i>
25.4	L		Food Stop
25.5	L		NE 132nd St
25.7	R		136th Ave NE

Mile	Turn	At	On
26.0	S	SS	NE 128th St
26.2			Caution Rail-Road Crossing
26.8	L	Light	NE 116th St
27.7	R		154th Pl NE
28.2	S	Light	NE 109th St
29.4			<i>Top of Education Hill</i>
30.3	R	Light	Avondale Rd NE
30.7	L	Light	NE Novelty Hill Rd
33.4	R	Light	Redmond Ridge Dr NE
34.0			<i>Top of Redmond Ridge Hill</i>
35.9	R	SS	NE Union Hill Rd
37.9	R	Light	208th Ave NE
39.2	L	Light	NE Novelty Hill Rd
40.4	R		NE Redmond Rd
40.4			<i>Top of McWhirter Hill</i>
41.8	L	SS	NE 116th St
44.2			<i>Top of Education Hill</i>
44.4	L		162nd Ave NE
44.5	L		Food Stop
44.7	R	SS	NE 109th St
45.1	R	SS	160th Ave NE
45.5	S	Light	154th Pl NE
46.0	L		NE 116th St
47.1	L	Light	Willows Rd NE
49.1	L	Light	Redmond Way (SR 908) (use right lane to turn left)
49.3	R	Light	W Lake Sammamish Pkwy NE
49.4	R		Old Redmond Rd
51.3	L	Light	132nd Ave NE
51.7	R	SS	NE 60th St
52.1			<i>Top of Rose Hill</i>
52.7	L	SS	116th Ave NE
54.7	R	Light	Northup Way
56.0	R	Light	Lake Washington Blvd NE
56.8	BL	Light	Lake Washington Blvd NE (Caution)
58.2	L	Light	Kirkland Ave
58.3	Finish		Kirkland Marina Park
Use your wristband to get strawberry shortcake			
Go to www.7hillskirkland.org for link to our ride survey			